GECAC CORRY SENIOR CENTER FEBRUARY 2025 NEWSLETTER

25 FIRST AVENUE, CORRY, PA 16407 (814) 664-2477 OPEN TUESDAY—FRIDAY 9 A.M. TO 3 P.M

Rachael Price, Senior Center Director

Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 5TH SPEAKER: Sight Center @ 11:00 AM

 Nutrition in the Eyes
- 11TH SPEAKER: Community Nurses of NE @ 10:30 AM Blood Pressure Screening
- 12TH SPEAKER: LIFE NWPA @ 11:00 AM Heart Health & Lovesong Bingo
- 14TH VALENTNE'S DAY PARTY 50/50 Lottery Tree BIRTHDAYS
- 19TH SPEAKER: Attorney General's Office @ 11:00 AM Emerging Drug Trends

**** UPCOMING DATES ****

FEB 14 Valentine's Day Party

Reservations Due by WED., JAN. 29TH

MAR 12 St. Patrick's Day Party

Reservations Due by WED., FEB. 26TH

APR 16 Springtime Party

Reservations Due by WED., APR. 2ND

MAY 7 Mother's Day Party

Reservations Due by WED., APR. 23RD

JUN 11 Father's Day Party

Reservations Due by WED, MAY 28TH

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN FOR EACH PARTY!! NO EXCEPTIONS!!







2-3 GEORGIA GOUGH

JOIN US FOR BIRTHDAY CAKE!



SENIOR CENTER SNOW POLICY FOR CLOSINGS

IF THE CORRY AREA SCHOOL DISTRICT HAS A 2-HOUR DELAY, THE SENIOR CENTER WILL BE CLOSED.

IF THE CORRY AREA SCHOOL DISTRICT
CLOSES SCHOOL, THE SENIOR CENTER WILL BE
CLOSED.

ALL CLOSING WILL BE SHOWN ON OUR LOCAL TV STATIONS



FEBRUARY CALENDAR & MENU MENU SUBJECT TO CHANGE

| Tue | Wed | Thur | Fri |
|---|--|--|--|
| 4 PORK ROAST 9:00 CARDS | 5 STUFFED CHICKEN 9:00 CARDS 11:00 SPEAKER: Sight Center Nutrition in the Eyes 12:30 BINGO | 6 CHEESEBURGER 9:00 CARDS 11:00 EXERCISE | 7 CHICKEN Ala KING 9:00 CARDS 12:30 BINGO |
| 11 CHICKEN TENDERS 9:00 CARDS 10:30 Community Nurses NE BLOOD PRESSURE SCREENING 18 CHICKEN SALAD 9:00 CARDS | 12 MEATLOAF 9:00 CARDS 11:00 SPEAKER: Life NWPA Heart Health & Lovesong Bingo 12:30 BINGO 19 SWEDISH MEATBALLS 9:00 CARDS 11:00 SPEAKER: Atty. General's Office Emerging Drug Trends 12:30 BINGO | 13 CHICKEN & NOODLE 9:00 CARDS 11:00 EXERCISE 20 HAM 9:00 CARDS 11:00 EXERCISE | 14 VALNETINE'S DAY PARTY Lottery Tree 50/50 Wreath BIRTHDAY'S 21 MEATBALL SUB 9:00 CARDS 12:30 BINGO |
| 25 BEEF STEW 9:00 CARDS | 26 SALISBURY STEAK 9:00 CARDS 12:30 BINGO | 27 STUFFED CHICKEN 9:00 CARDS 11:00 EXERCISE | 28 RAVIOLI 9:00 CARDS 12:30 BINGO |

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE: (814)459-4581

AAA TOLL FREE: (800)769-2436

AFTER HOURS (CRISIS LINE)

Day (814)451-4581 Ext 400

Evening (814) 451-1520

PACE-PACENET: (800)225-7223

ERIE CO VETERAN'S AFFAIRS:

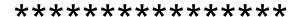
(800)274-8387

SOCIAL SECURITY ADMIN:

(877)405-3543

AGENCY WEBSITE: www.gecac.org

PA AGING WEBSITE: www.aging.pa.gov



How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$7.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON FOR SENIORS 60 YRS & OLDER.

MEALS ARE \$2.00 CONTRIBUTION

PLEASE MAKE YOUR MEAL

RESERVATIONS

2 WEEKS IN ADVANCE

PARTIES WILL BE \$5.00, UNLESS

STATED OTHERWISE

500 CARD CLUB

HELD ON TUESDAYS

BINGO IS PLAYED ON WEDNESDAYS & FRIDAYS @ 12:30. We have LOTS OF FUN, so come join us!!!

TAI CHI EXERCISE THURSDAYS! Let's be healthy!

GAMES & WII ANY DAY!

The Corry Senior Center is operated by the Greater Erie Community Action Committee and funded in part by the County of Erie, Area Agency on Aging.

Dr. Benjamin Wilson, CEO

Ray Maholtz, Director—Director of Erie Area Agency on Aging

Pasquale Casane, Asst. Division Manager



WI-FI is available FREE TO OUR SENIORS!!

Prior to using the WI-FI, members will need to sign the GECAC POLICY AGREEMENT.

Please see RACHAEL OR VALERI FOR ASSISTANCE





JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search.

Type in "GECAC CORRY SR CTR" and ask to join. There are a few questions to answer and you'll need to agree to the Group rules, but it's easy and it's for your protection.

We will be posting our newsletters, upcoming events, weather updates and some other activities for you to be able to participate in at the Senior Center. Talk with other current and active members and perhaps meet some of the new members that have joined us.

GREAT RESOURCES:

GECAC has a website!! Check out <u>www.gecac.org</u> to see all that we do to help the community!

Pennsylvania 211: Get Connected. Get Help.™



What is 211 used for in PA?

Every day, clients contact 211 to access **free and confidential information**. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, afterschool programs for kids, and more, **you can dial 211 or text your zip code to 898-211 to talk to a resource specialist.** Our specialists will listen to your needs, and give you information on programs in your community that might be able to help.

Visit <u>www.pa211.org</u> to explore programs available in your community by categories such as financial assistance, housing, and food.

LIHEAP: Need help with heating bills?

LIHEAP can help. Call 1(877) 443-2743

or visit www.LIHEAPhelps.com to sign up!



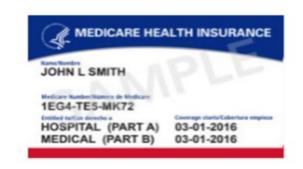
SNAP/EBT (food stamps) can make online purchases and have delivered to their home, as per attached and same information below.

Resources For Online SNAP Purchases

In Pennsylvania, residents who receive SNAP/EBT are now able to buy SNAP eligible foods and drinks online through Walmart and Amazon. These benefits can also be used to buy plants and seeds to grow food at home. This is a great way to get the food if you lived in a food desert or are unable to make it to the nearest grocery store.

MEDICARE MINUTE...

Medicare Advantage Plan Open Enrollment begins on January 1st and ends on March 31st.



Medicare Advantage and Part D Marketing Rules.

Keep in mind that insurance companies selling Medicare private plans must follow certain rules when promoting their products. These rules are meant to prevent plans from presenting misleading information about a plan's costs or benefits, also known as marketing violations.

There are things that agents cannot do.

- 1. Call you if you did not give them permission to do so
- 2. Visit you in your home, nursing home, or other place of residence without your invitation
- Provide gifts or prizes worth more than \$15 to encourage you
 to enroll Gifts or prizes worth more than \$15 must be made
 available to the general public, not just people with
 Medicare.
- Disregard federal and state consumer protection laws for telemarking, the Nation Do-Not-Call registry, or do-no-callagain request
- 5. Imply that they are calling on behalf of Medicare Information provided from medicarewatch@medicarerights.org
 Contact your local PA MEDI counselor, Rachael Price @ 814-664-2477 to make an appointment.



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Reservations Due by WED., APR. 23RD

The **COST** for the parties will be **\$5.00** with the exception for July and December Parties.